

**\*FREE  
SESSIONS**

# Building Self-Esteem Sessions

## At The Link

Visit our workshops at The Link to help raise your self-esteem and self-confidence with Walsall College!

Look to build your self-esteem with our regular sessions that will be taking place on:

- Thursday 2nd May, 1pm - 3pm
- Thursday 23rd May, 1pm - 3pm
- Thursday 20th June, 1pm - 3pm

Visit us at: The Link, 46 Park Street, Walsall, WS1 1NG

\*Free for anyone aged 19+, living in the West Midlands area and with household income below £33,000 per year

**Tel: 01922 657000**

**Email:**  
[CommunityDevelopment@walsallcollege.ac.uk](mailto:CommunityDevelopment@walsallcollege.ac.uk)



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YOUR POTENTIAL**